

# Do you have a good marriage? Do you want one?

**About half of us don't.** We have tried everything and are burdened with such anger and pain that we FEEL there is no hope. It is not true. For the Christian "God is an everpresent help in time of trouble, even marital trouble."

**If your spouse is not Christian** your primary relationship will be with Christ. Ask God daily to be an everpresent help for you because until he is saved your spouse just isn't able.

**If your spouse is Christian** then you have only to learn His secret...*focusing on solutions NOT PROBLEMS*. Make a list of your problems then choose the worst one and ask God to show you the solution. Then each time you think of the problem ask God to help you to refocus so that all you can see is the solution.

**If you decide you want your marriage healed** use this blessing twice a day for two weeks...results guaranteed.

## **SWEET TALK FOR THE SOUL**

Father, Creator, bless this man my husband (woman my wife) with your great power of starting over each day. Grant h\_\_ grace to put aside old hurts and fears so you can replace them with bright new joys and shiny bits of love. Enable h\_\_ God to expect nothing of others, not even me and the children for expectations of people will always disappoint. Instead let h\_\_ trust in YOU only so that \_he has the strength to encourage and the gentleness to comfort others. Touch h\_\_ heart with the certainty that YOU know the plans you have for h\_\_, plans with a hope and a future. May this thought give h\_\_ confidence in the midst of this day's trouble and hope for tomorrow.

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