

# Minimum Daily Requirements (Spiritual)

Your child's journey from age 4 to age 14 is very short. he needs God in every day of it if he is to be strong enough to face **ever worsening** *peer pressure*.

1. **Purchase** a deck of scripture cards and keep them on your table. Use them instead of praying over your meal.
2. **Hang** some Christian art in your home. Just Christ's face has no real message. Look for something with a *theme*, something like "The Good Shepherd" or "Christ My Pilot".
3. **Go** for a daily short walk. Let creation declare the Glory of God.
4. **Display** your child's Sunday School lesson on the refrigerator.
5. **Use** our blessing cards or scriptural blessings like Numbers 6: 24-26 and Ephesians 3:16.
6. **Teach** your child to pray by sticking with him or her until at least one prayer is ANSWERED.

**No parent can do everything at once** but stick with us over the next 6 weeks and we promise to make each step easy and simple. An early version of this list was my first article featured by Focus on the Family in September of 1992. We still like what they are doing. If your town has a Christian Radio Station we heartily recommend that you find out when Dr. Dobson is on the air. If you should have extra time or extra problems visit our website [www.homeword.ws](http://www.homeword.ws).